**Medical Institution Stamp**

**Application Sample for Participation in the Competition**

**“International Kettlebell Sport Federation” (IKSF)**

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| № | Athlete’s Full Name | Country | Year of Birth | Sports Title | Performance Group According to the Regulations | Age Group | Weight Category | Exercise | Kettlebells weight | Регламент времени. | Competition | Coach | Kettlebells weight and Time Limit allowed by a doctor | Doctor’s Signature and Stamp |
| 1 | Fedorov  Fedor  Fedorovich | Russia | 1970 | MS of Russia, Merited Master of Sport (IKSF) | Veterans of sport and mass sport | 45-49 | Up to 85kg | two kettlebells jerk with two hands | 18kg | 5 min. | World Championship | Ivanov I.I. | 18kg; 5 min. | Signature, stamp. |
|  |  |  |  |  | Top performance sport | Absolute age group | Up to 90 kg | kettlebell jerk long cycle | of choice | 15 min. | European Championship | Ivanov I.I. | After doctor’s admission! | Signature, stamp. |
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**Date: Athlete’s Signature:**

* **The application is verified by a sports medical institution!**

**\*\* The applications should be mailed to iksfpresident@gmail.com**

**\*\*\* If you have any questions, contact us: +375295865353, WhatsApp, Viber.**